



## Hogsback Chapter Ride-out Health & Quarantine Questionnaire

<p>1. <b>Have you developed a new or a continuous cough</b> - Coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)?</p>	YES/NO
<p>2. <b>Have you developed a high temperature</b> – You feel hot to touch on your chest or back (you do not need to measure your temperature)</p>	YES/NO
<p>3. <b>Have you or any of your</b> family/household that you live with shown any symptoms or similar symptoms to those of Coronavirus in the last 14 days?</p> <ul style="list-style-type: none"> <li>• A new continuous cough</li> <li>• Developed a high temperature</li> <li>• Developed difficulty in breathing</li> </ul>	YES/NO
<p>4. <b>Are you a member of the most at risk group</b>, see below:</p> <ul style="list-style-type: none"> <li>• Have you had an organ transplant?</li> <li>• Are you having certain types of cancer treatment?</li> <li>• Have you had blood or bone marrow cancer, such as leukaemia?</li> <li>• Have you had a severe lung condition, such as cystic fibrosis or severe asthma?</li> <li>• Have you a condition or are taking medicine that makes you more likely to get infections?</li> <li>• Are you pregnant and have a serious heart condition?</li> </ul> <p>If you are in one of the most at risk group <b>you acknowledge that by attending a ride it is at your own risk</b> and Hogsback Chapter can accept no responsibility.</p>	YES/NO
<p>5. To the best of your knowledge <b>have you been exposed to anybody who has tested positive for Coronavirus?</b></p>	YES/NO
<p>6. <b>Are you currently Quarantining or Self Isolating for any reason</b> including returning home from abroad?</p>	YES/NO
<p>7. Are you <b>self-isolating for any other reason?</b></p>	YES/NO

**If you have answered YES to any of the above, then you should not participate in any Hogsback ride and follow the guidelines as issued by the Government and Public Health England.**



## Hogsback Chapter Risk Assessment

**All participants on Hogsback Chapter events and rides must adhere to the following:**

- Social Distancing in accordance with Government & PHE Guidelines
- Wearing of masks where mandatory in accordance with Government & PHE Guidelines
- Hand cleansing in accordance with Government & PHE Guidelines
- If any participants of any Hogsback Chapter events fall ill they must contact authorities as stated by the Government and PHE.
- By having registering and participating in any Hogsback event the participant undertakes to adhere to all COVID-19 Government & PHE guidelines.
- Having their Track & Trace details kept on file (if required) by the Chapter for 21 days.
- Hogsback will give contact details for Track and Trace if required in accordance with Government & PHE Guidelines